



## Mitcheldean Endowed Primary School

### **RELATIONSHIPS AND SEX EDUCATION POLICY**

The school staff and the Governors' Curriculum Committee revised this policy in Autumn 2014. It is being developed in consultation with parents and pupils at the school. It should be read alongside the Secretary of State's 2000 guidance on SRE which schools must have regard to when putting together such a policy.

#### **VISION STATEMENT**

To ensure that every child receives the highest quality education that is engaging, enriching and inclusive, in an environment that works hard to develop, support and care for all its members, with people that foster mutual respect and encouragement in accordance with Christian values.

#### **POLICY STATEMENT**

- Sex education is a continuous process that acknowledges the developing needs of all our pupils.
- Sex and Relationships education is set within the context of family life; it encompasses the exploration of feelings, values and responsibility, the biological aspects of reproduction, and how these affect the individual and his/her relationship with others.

#### **AIMS AND OBJECTIVES**

- To promote the idea of building positive relationships between children, their peers and others.
- To promote a positive self-image in each individual so that they learn to respect themselves and others.
- To develop an awareness of body changes as life progresses.
- To help young people to make positive health choices.
- To increase knowledge and provide accurate and up-to-date information.

#### **SEX EDUCATION IN THE CURRICULUM**

Certain aspects of Sex Education are statutory requirements as part of the Curriculum.

##### **At Key Stage 1 (5-7 yr. olds)**

Year 2 children should be taught ...

- that animals, including humans, have offspring which grow into adults

##### **At Key Stage 2 (7-11 yr. olds)**

Year 5 onwards children should learn...

- about the stages in the growth and development of humans.
- about the changes experienced in puberty.
- about the gestation periods of other animals and comparing them with humans; by finding out and recording the length and mass of a baby as it grows.

*See Science Scheme of Work for further information.*

The Framework for Personal, Social and Health Education and Citizenship at key stages 1 and 2 also states that, at Key Stage 2, pupils should be taught:

- To recognise, as they approach puberty, how people's emotions change at that time and how to deal with their feelings towards themselves, their family and others in a positive way.
- About how the body changes as they approach puberty.
- How a baby is conceived and born.

## SEX EDUCATION IN THE CURRICULUM

Relationships and Sex Education is taught to enable pupils to make healthy informed choices by increasing knowledge and challenging attitudes, widening understanding and believing that health education is a vital part of the personal and social education of every pupil.

Relationships and Sex Education is provided as part of a wider programme of CPSHE. Mitcheldean Endowed Primary feels that health education is a shared responsibility. What is learned at school can and should be supported by experiences at home and in the community. Parents have the opportunity to view any material before it is shown to the pupils. It is therefore sometimes appropriate to involve visitors from outside agencies, not to undertake the above, but to support it.

The class teachers talk to both boys and girls about personal hygiene in years 5 and 6. The class teachers use a series of Channel 4 videos and resources to teach about puberty and sexual relationships. This delivers clear, factual and accurate information, dealt with in a sensitive manner. Opportunity is given for discussion and care is taken to answer questions honestly and accurately where appropriate.

Links with Key Stage 3 are discussed - pupils are assured that teachers and other professionals with specific training will be on hand to give help and advice for pupils with problems or concerns in the next stage of their education.

The school nurse also runs a confidential surgery, held at Mitcheldean Surgery, for such problems as vision and hearing tests, dealing with bereavement, eating habits, weight concerns, personal health, relationships, healthy lifestyles.

### **To be read in conjunction with:**

RSE scheme of work

Anti-bullying policy

R.E Policy

CPSHE Policy

Equal Opportunities Policy

Confidentiality Policy

Science Policy

P.E Policy

Child Protection Policy

Safeguarding policy

Policy written: September 2014

To be updated by: September 2017

## Appendix 1

When Covered	Objective	Resources
Year 5 / Year 6 (in greater detail)	<ul style="list-style-type: none"> <li>- Identify the life cycle of a human</li> <li>- To introduce the physical and emotional changes which occur during puberty.</li> <li>- To consider some of the changes over which we have no control and the choices we can make concerning those over which we do have control.</li> <li>- To explain how babies are made.</li> <li>- To explore the idea of relationships, including friendships, parent-child and family relationships and adult sexual relationships</li> <li>- To address the concerns and worries of young women (girls only).</li> <li>- To address the concerns and worries of young men (boys only).</li> </ul>	<p>Collins Science Living and Growing alternative DVD Unit 2 Programme 4</p> <p>Channel 4 support resources Living and Growing alternative DVD unit 2 programme 5</p> <p>Living and Growing alternative DVD unit 3 programme 7 Living and Growing alternative DVD unit 3 programme 8</p> <p>Channel 4 support resources</p>